

Jan. 2026	Amount	#People				SPECIALS
1	XXXX	XXXX				
2	\$63.00	42	\$63.00	42		1
3	XXXX	XXXX				
4	XXXX	XXXX				
5	\$117.00	48				1
6	\$81.00	37				
7	\$56.50	41	\$430.50	227		2
8	\$87.00	43				1
9	\$89.00	58				
10	XXXX	XXXX				
11	XXXX	XXXX				
12	\$76.00	46				
13	\$58.00	40				
14	\$103.00	72	\$360.00	241		2
15	\$40.00	33				1
16	\$83.00	50				1
17	XXXX	XXXX				
18	XXXX	XXXX				
19	XXXX	XXXX				
20	\$85.25	44				
21	\$110.00	50	\$350.25	184		
22	\$40.00	39				1
23	\$115.00	51				1
24	XXXX	XXXX				
25	XXXX	XXXX				
26	*****	*****	closed due to weather			
27	\$83.00	47				1
28	\$144.00	61	\$359.00	212		1
29	\$62.00	44				2
30	\$70.00	60				1
31	XXXX	XXXX				
TOTAL	\$1,562.75	906				16

xxxxx weekend or holiday

*****weather day

**DEEP EAST TEXAS COUNCIL OF GOVERNMENTS
AREA AGENCY ON AGING
CONTRACTOR INVOICE – FY2026**

CONTRACTOR NAME: TYLER COUNTY

MONTH/YEAR: January 2026 SUBMISSION #: 1

CONTRACT SERVICES AUTHORIZED:

Congregate Meals

Program Income Collected	\$ <u>1562.75</u> / \$9.15 = <u>171</u> meals
Area Agency on Aging Funded Meals (505)	<u>505</u> x \$9.15 = \$ <u>4620.75</u>
Other Eligible Meals	<u>230</u> x \$9.15 = \$ <u>2104.50</u>

Senior Center Operations

Area Agency on Aging 1 x \$ 975.00 = \$ 975.00



Certified By: Board Member

2-2-26
Date

Certified By: Area Agency on Aging Staff

Date

**TYLER COUNTY
MONTHLY NUTRITION EDUCATION/
SENIOR CENTER ACTIVITY**

MONTH: Jan. 2026 DAYS/HOURS OF OPERATION: M-F 7A-3p.

NUTRITION EDUCATION: (please attach example of material presented and a list of the people that received it)

Congregate Meals

Number of Nutrition Education Programs Provided 0
(Attach copy of program)

Contacts (People receiving information) 0

SENIOR CENTER ACTIVITIES:

	Number	Contacts
Number of Health Screenings Provided	<u>1</u>	<u>13</u>
Number of Recreation Activities Provided	<u>25</u>	<u>245</u>
Number of Exercise Sessions Provided	<u>7</u>	<u>30</u>
Number of Art Therapy Sessions Provided	<u>2</u>	<u>8</u>
Number of Music Therapy Sessions Provided	<u>0</u>	<u>0</u>
Number of Adult Education Sessions Provided	<u>1</u>	<u>18</u>

SENIOR CENTER ATTENDANCE: (please record daily attendance)

<u>—</u>	1	<u>48</u>	5	<u>58</u>	9	<u>46</u>	13	<u>—</u>	17	<u>50</u>	21	<u>—</u>	25	<u>44</u>	29
<u>42</u>	2	<u>37</u>	6	<u>—</u>	10	<u>72</u>	14	<u>—</u>	18	<u>39</u>	22	<u>—</u>	26	<u>60</u>	30
<u>—</u>	3	<u>41</u>	7	<u>—</u>	11	<u>33</u>	15	<u>—</u>	19	<u>51</u>	23	<u>47</u>	27	<u>—</u>	31
<u>—</u>	4	<u>43</u>	8	<u>46</u>	12	<u>50</u>	16	<u>44</u>	20	<u>—</u>	24	<u>61</u>	28		

ITEM	DATE OF RECEIPT	BUDGETED AMOUNT	AMOUNT USED
Enter "Amount Used" and Initial			
Congregate Meals In-Kind		9909 ÷ 12 =	825.75

Certified by:  Date: 2-2-26
Board Member

Reviewed by: _____ Date: _____
Area Agency on Aging Staff

Agency: Deep East Texas Area Agency on Aging
Site: Tyler County - C1
Service: Congregate Meals
Fund Identifier: Title III-C1
Default Unit Rate: \$10.17
Provider: Tyler County Nutrition Center
Fund Identifier: Program Income
Default Unit Rate: \$10.17

	1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31	
1									X	X										X	X												

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9	Barefield, Reginald T																														
	Service: Congregate Meals																														
Fund Identifier: Program Income																															
Subservice: (None)																															
10	Barnett, David A																														
	Service: Congregate Meals																														
Fund Identifier: Program Income																															
Subservice: (None)																															
11	Barrague, Carl W																														
	Service: Congregate Meals																														
Fund Identifier: Title III-C1																															
Subservice: (None)																															
12	Barrague, Lola M																														
	Service: Congregate Meals																														
Fund Identifier: Program Income																															
Subservice: (None)																															
13	Bartley, Samuel R																														
	Service: Congregate Meals																														
Fund Identifier: Program Income																															
Subservice: (None)																															
14	Bean, James																														
	Service: Congregate Meals																														
Fund Identifier: Program Income																															
Subservice: (None)																															
15	Blakeney, Jackie N																														
	Service: Congregate Meals																														
Fund Identifier: Program Income																															
Subservice: (None)																															
16	Bomer, Donna A																														
	Service: Congregate Meals																														
Fund Identifier: Program Income																															
Subservice: (None)																															
17	Borey, Darlene R																														
	Service: Congregate Meals																														
Fund Identifier: Program Income																															
Subservice: (None)																															

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36

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
27	Byrum, Shirley F																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
28	Callihan, Jeraldene L																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
29	Callihan, Stefani																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
30	Cameron, Debora M																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
31	Campbell, Sharon R																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
32	Capps, Brenda D																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
33	Carrell, Wendy L																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
34	Caudill, Kim																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
35	Cauley, Cheryl P																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														

Congregate Meals
 Program Income
 Title III-C1
 Subservice: (None)

7

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
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Elizando, Darlene

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Ellis, Gerry L

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Endsley, James H

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Evans, Judith M

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Faircloth, Bill J

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Faircloth, Lynette A

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Falkenberry, Cassandra D

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Fortenberry, Marjorie M

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Foster, Colinda K

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31

1/2026 Thu 1 Fri 2 Sat 3 Sun 4 Mon 5 Tue 6 Wed 7 Thu 8 Fri 9 Sat 10 Sun 11 Mon 12 Tue 13 Wed 14 Thu 15 Fri 16 Sat 17 Sun 18 Mon 19 Tue 20 Wed 21 Thu 22 Fri 23 Sat 24 Sun 25 Mon 26 Tue 27 Wed 28 Thu 29 Fri 30 Sat 31

Kirkwood, Ricky

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Koehl, James E

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Korregay, Dennis D

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Lade, John M

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Lanyon, Dale R

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Leathem, Nelda J

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Leathem, William R

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Mahoney, Clark A

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

Mannus, Richard K

Service: Congregate Meals

Fund Identifier: Program Income

Subservice: (None)

Service: Congregate Meals

Fund Identifier: Title III-C1

Subservice: (None)

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1/2026 Thu 1 Fri 2 Sat 3 Sun 4 Mon 5 Tue 6 Wed 7 Thu 8 Fri 9 Sat 10 Sun 11 Mon 12 Tue 13 Wed 14 Thu 15 Fri 16 Sat 17 Sun 18 Mon 19 Tue 20 Wed 21 Thu 22 Fri 23 Sat 24 Sun 25 Mon 26 Tue 27 Wed 28 Thu 29 Fri 30 Sat 31

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31			
117																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
118																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
119																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
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120																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
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121																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
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																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
123																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
124																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
125																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31			
																																M/T: Monthly Total	Week day	Weekend day

Printed: 12/23/2025 9:36:40AM

Rev. 20251223

LEGEND

M/T: Monthly Total

Week day

Weekend day

31

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31			
126																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
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127																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
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128																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
129																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
130																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
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131																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
132																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
133																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)
134																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
																																Service: Congregate Meals	Fund Identifier: Title III-C1	Subservice: (None)

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31	
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																																Week day
																																Weekend day

20

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
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Mosur, Robert J

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Mott, Judy A

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Moye, John W

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Mundo, George

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Murders, Patricia A

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Myers, Peggy

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Nelson, Donna G

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Nunez Jr, Gilbert W

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Nunez, Angela K

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

11

12

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1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
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1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
162																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
163																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
164																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
165																															
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	Fund Identifier: Program Income																														
	Subservice: (None)																														
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167																															
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	Subservice: (None)																														
168																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
169																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
170																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														

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24

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
180																															
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
181																															
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
182																															
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
183																															
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
184																															
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
185																															
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
186																															
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
187																															
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
188																															
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		
	Service: Congregate Meals																Fund Identifier:												Subservice: (None)		

Handwritten notes and circled numbers: 1, 4, 6, 2, 2, 5, 9, 1, 1, 2, 4, 3, 1, 1, 2, 1, 6, 4

271

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
198																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
199																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
200																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
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	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
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	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
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	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
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	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
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	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
206																															
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														

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	1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31				
207																																				

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
216																															
	Vandyke, Gloria I																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
217																															
	Vick, Kenneth L																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
218																															
	Walker, Frank E																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
219																															
	Werner, Paul																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
220																															
	White, Sandra J																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
221																															
	Whitehead, Judy E																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
222																															
	Whitfield, Ray C																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
223																															
	Wierzbinski, Lawrence																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														
224																															
	Wilk, Kimmie																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Subservice: (None)																														

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	1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
225	Williams, Jackie B	Service: Congregate Meals																														
		Fund Identifier: Program Income																														
Subservice: (None)																																
226	Willis, Charles	Service: Congregate Meals																														
		Fund Identifier: Program Income																														
Subservice: (None)																																
227	Winger, Debby J	Service: Congregate Meals																														
		Fund Identifier: Program Income																														
Subservice: (None)																																
228	Wintermute, Douglas H	Service: Congregate Meals																														
		Fund Identifier: Program Income																														
Subservice: (None)																																
229	Wise, Albert J	Service: Congregate Meals																														
		Fund Identifier: Program Income																														
Subservice: (None)																																
230	Yarbrough, Meredith A	Service: Congregate Meals																														
		Fund Identifier: Program Income																														
Subservice: (None)																																
231	Yarbrough, Tommy W	Service: Congregate Meals																														
		Fund Identifier: Program Income																														
Subservice: (None)																																
232	Zimmerman, Merle C	Service: Congregate Meals																														
		Fund Identifier: Program Income																														
Subservice: (None)																																
233	Zimmerman, Minnie B	Service: Congregate Meals																														
		Fund Identifier: Program Income																														
Subservice: (None)																																

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 (11) 221218 223119 22217 3115

1/2026	Thu 1	Fri 2	Sat 3	Sun 4	Mon 5	Tue 6	Wed 7	Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14	Thu 15	Fri 16	Sat 17	Sun 18	Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25	Mon 26	Tue 27	Wed 28	Thu 29	Fri 30	Sat 31
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261 Stryker, Melinda

Service:	Congregate Meals	Fund Identifier:	Program Income	Subscriber:	(None)
Service:	Congregate Meals	Fund Identifier:	Title III-C1	Subscriber:	(None)

262 Creus, Pamela R.

1																															

243 Consumers Roster Summary Total:

1

1

2

WK 1
42

WK 2
227

WK 3
244

WK 4
184

WK 5
212



TYLER COUNTY NUTRITION CENTER:

DATE:

1-29-26

ACTIVITY:

Blood Pressure

31 +0+
BP + Fall
PreNerthron

1	Catherine Dennis	14	27
2	Suzanne Butler	15	28
3	Candyn Johnson	16	29
4	Juanita Harp	17	30
5	PHL HART	18	31
6	Deanna Hedwell	19	32
7	Elizabeth Hedwell	20	33
8	David McAlister	21	34
9	Angie Reed	22	35
10	Carl Surmaney	23	36
11	Patsy Surmaney	24	37
12	Angie Alonzo	25	38
13	Marie Fackenberg	26	34

Heart to Heart Hospice

Sign in Sheet

1-13-26

	NAME	PHONE
1	Ken Kainer	936-671-9152
2	BILLY MAC	
3	PHIL HART	409 429-0390
4	Lionel Lou Sr.	
5	Judy MOTT	
6	Pat Murders	
7	Janice Wright	
8	Deanne Sedwell	
9	Eldridge Tidwell	
10	Becky Harman	
11	Suellen Royer	972-345-7870
12	Ricky Patrick	
13	Clyde Fussell	
14	Burtis Conner	
15	all of use	
16	Donna Throver	
17	Robert Barefield	
18	Jan Parks	
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CB



Avoid Falls at Home: 5 Easy Ways to Make Your Home Safer

Thousands of older adults fall at home each year due to common household hazards. Make sure your home is safe and help prevent falls by following a few easy tips. And an occupational therapist or physical therapist can conduct a home assessment and make recommendations on ways to help you live safely while doing the things you love to do at home every day.

- 1. Clear the way.** Remove tripping hazards, like throw rugs, cords, or clutter on the floor. Move furniture to create a path for safe movement.
- 2. Light it up.** Replace lightbulbs with bright, non-glare bulbs to help you see around the house.
- 3. Have a seat.** Place a chair in your bedroom so you can sit while getting dressed or putting shoes on.
- 4. Secure some support.** Buy a shower seat, grab bar, and an adjustable-height handheld showerhead to make bathing easier.
- 5. Store for success.** Keep frequently used items between waist and shoulder height, making them easier to access without the need for a stepstool or unsafe reaching.

Take Control of Your Health:

6 Steps to Prevent a Fall

Every **11 seconds**, an older adult is seen in an emergency department for a fall-related injury. **Many falls are preventable.**
Stay safe with these tips!



1

Find a good balance and exercise program

Look to build balance, strength, and flexibility. Contact your local Area Agency on Aging for referrals. Find a program you like and take a friend.



2

Talk to your health care provider

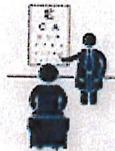
Ask for an assessment of your risk of falling. Share your history of recent falls.



3

Regularly review your medications with your doctor or pharmacist

Make sure side effects aren't increasing your risk of falling. Take medications only as prescribed.



4

Get your vision and hearing checked annually and update your eyeglasses

Your eyes and ears are key to keeping you on your feet.



5

Keep your home safe

Remove tripping hazards, increase lighting, make stairs safe, and install grab bars in key areas.



6

Talk to your family members

Enlist their support in taking simple steps to stay safe. Falls are not just a seniors' issue.

To learn more, visit [ncoa.org/FallsPrevention](https://www.ncoa.org/FallsPrevention).